

Introducing the

NEW!

Mash Munchie Base Mix

from



Fancy offering your customers something different? Now you can with Goldensheaf Mash Munchie Base Mix! Easy to make and deliciously light, Mash Munchie Base Mix will give your customers more choice, provide a great new profit opportunity for you and help you reduce waste in your shop, saving you money.

Simply make up the Mash Munchie Base Mix, roll into balls, coat in batter or crumb coater and deep fry! Serve as a delicious alternative to chips, as a light snack; plain or use surplus fish, vegetables, or chicken bits for extra variety.

Take a look at the simple Step-by-Step guide we've prepared overleaf for plain Mash Munchies and ideas for other varieties you can create.

- Use surplus fish, vegetables, chicken
- Offer your customers something new
- Easy to make, quick to serve
- Create different varieties
- Great profit opportunity
- A quality, delicious product

For a free sample of **Goldensheaf Mash Munchie Base Mix**, call our free helpline on **0800 138 1938**, or visit www.kerry-foodservice.co.uk



Mash Munchie Base Mix

STEP-BY-STEP GUIDE

MAKE-UP INSTRUCTIONS FOR MASH MUNCHIE BASE MIX

1 KG MASH MUNCHIE BASE MIX / 3 LITRES COLD WATER



1 MIX IN COLD WATER AND LEAVE TO STAND FOR 5 MINS FOR MIX TO FULLY HYDRATE.



2 TAKE 50 GR AND FORM INTO THE REQUIRED SHAPE.



3 DIP INTO GOLDENSHEAF BATTER (THIS SHOULD BE 1 PART BATTER TO 2 PARTS WATER)



4 ROLL IN JAPANESE CRUMB. CAN BE FROZEN AT THIS POINT **OR**



5 FRY AT 170°C FOR 5-6 MINS AND SERVE **OR** CHILL FOR NO LONGER THAN 5 DAYS **OR** FLASH FRY FOR 1 MIN ONLY & FREEZE. **AFTER FREEZING MUST BE FRIED AT A LOWER TEMPERATURE 160°C FOR 10-15 MINS, UNTIL COOKED THROUGH.**

RECIPE IDEAS Add these ingredients to the hydrated mix before cooking:

- 1) 10% RAW CHOPPED WHITE FISH
90% REHYDRATED MIX
- 2) 4% CURRY DRY MIX
96% REHYDRATED MIX
- 3) 7.5% GRATED CHEESE
4% COOKED CHOPPED BACON OR HAM
88.5% REHYDRATED MIX
- 4) 7.5% CHOPPED SPRING ONIONS OR ORDINARY CHOPPED ONIONS
7.5% GRATED CHEESE
85% REHYDRATED MIX
- 5) 7% COOKED CHOPPED BACON OR HAM
93% REHYDRATED MIX
- 6) 5% SWEET CORN
5% PEAS
5% CHOPPED RED PEPPERS
85% REHYDRATED MIX

ALSO, CHOPPED CORNED BEEF, MINCED BEEF. THESE ARE ONLY EXAMPLES, MAKE-UP YOUR OWN VARIATIONS!

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